# EMERGENCY PREPAREDNESS SUPPLIES AND EQUIPMENT KITS

When organizing supplies for a disaster, remember that you need to get to them after the event has occurred. Store supplies in an easy to find location that has a minimal chance of being buried under falling objects. If you are short on space, a large trash can makes an excellent storage container. If you live in an apartment, the container can be hidden under a decorative tablecloth. A disaster can happen at any time. Are you prepared right now? Have you rotated your food supplies in the last six months? If not, make time on your calendar. Do it now!

Work Gloves

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- Ax / Maul (min. 6 lb.)
- . Shovel (flat head and pointed)
- Broom
- Hammer and Nails
- Screwdrivers
- Crowbar or Claw Tool (36" or longer)
- . Plastic Sheeting Rolls (4 mil. IO' X 25')
- Plastic Garbage Bags (heavy duty, 30 gal. or larger)
- Small and Large Plastic Bags
- Coils of Rope 1/4", 1/2", 3/4" (25' 50')
- Coil of Wire
- . Tent (family or tube type)
- Tarp (PVC or canvas, minimum two, 8' X IO')
- Sleeping Bags, Blanket, or Space Blanket
- . Cheese Cloth (to strain particles from water)
- . CASH MONEY (small denominations & coin)
- First Aid Kit
- . Dry Food
- Water
- . Clothing
- . Walking Shoes and Socks Local Road Map

- Fire Extinguisher (We recommend a dry chemical type with a minimum size rating of 2A IOBC, with an earthquake restraining strap, a hose type nozzle, and a metal head.)
- . Compass
- Flashlight w/batteries, or chemical Light Sticks Matches, in waterproof container
- Small Radio (battery powered portable)
- . Entertainment Pack Family Photos, Notebooks, Literature, and games

#### **SANITATION SUPPLIES**

- Plastic Bags heavy duty garbage can size and smaller zip-lock types
- Powdered Chlorine Lime (proper storage is required, it is an oxidizer and it is corrosive)
- . Portable Camp Toilet with chemicals
- . Toilet paper
- Handi-wipes, Wet-N-Drys, etc., for water free cleanup
- Toilet Supplies towelettes, shampoo, toothpaste, deodorant, sanitary napkins, etc.
- Insect, fly, mosquito and ant sprays

#### **HOME PREPAREDNESS**

After assembling your emergency preparedness toolkit, make sure that your home is also prepared for a potential disaster. Here are a few things you can do:

- Learn how to shut off gas, water, and electricity in case the lines are damaged.
- . Check chimneys, roofs and wall foundations for stability. Note: If your home was built before 1935, make sure your house is bolted to its foundation. If your home is on a raised foundation, make sure the cripple walls have been made into shear walls. Call a licensed contractor if you have any questions.
- . Secure Heavy Furnishings
- Secure water heater and appliances that could move enough to rupture utility lines.
- Keep breakable and heavy objects on lower shelves. Put latches on cabinet doors to keep them closed during shaking.
- Keep flammable or hazardous liquids such as paints, pest sprays or cleaning products in cabinets or secured on lower shelves.

Maintain emergency food, water, medicine, first aid kit, tools and clothing.

### VEHICLE SURVIVAL KIT

Because we spend several hours a day in our vehicles, it is a good idea to assemble vehicle disaster kit. Here are some things you should include in your kit:

- Nylon Carrying Bag or Day Pack
- Bottled Water
- . Non-perishable Food
- . Can Opener
- Transistor Radio and Extra Batteries
- . Flashlight and Extra Batteries
- First Aid Kit
- Gloves
- Essential Medication
- Blanket, Sleeping Bags, Space Blanket
- . Sealable Plastic Bags
- Pre-moistened Towelettes
- Small Tool Kit
- . Matches and Lighter
- . Walking Shoes and extra Socks
- . Change of Clothes
- Jacket
- . Cash (small denominations and coins)

## PERSONAL SURVIVAL KIT AT WORK

Your work place kit should be small and portable. Place it into a small day pack. You should be able to carry your supplies with you if your business is closed and you need to evacuate to another location. It should include:

- Dry Food candy bars, dried fruits, jerky, cookies, crackers, etc.
- Drinks water or orange juice
- . Tennis Shoes / Walking Shoes for office workers
- . First Aid Kit
- . Routine Medications aspirin, tylenol, cold tablets, etc.
- . Extra Prescription Medications
- . Flashlight with extra batteries
- . Chemical Light Sticks
- Matches
- Small Battery Powered Radio, extra batteries
- . Small and Large Plastic Bags
- . Toiletries / Personal Hygiene Items
- Entertainment Pack Family Photos, Notebooks, Reading Material and Games

**REMEMBER:** You could be stranded for up to 72 hours! Make sure that you have enough supplies to meet your needs.